

**REPORT TO THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31ST OCTOBER 2022  
FOR  
THE MONDAY NIGHT CLUB**

**THE MONDAY NIGHT CLUB**

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OCTOBER 2022**

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**Chair: Laura Gill**

Chair and Trustee

100 Sentinal Close, Worcester, WR2 5FD

**Stephen Gipson**

Treasurer

Appointed 20/10/2020

The Engine House, 2 Leigh Court Barns, Leigh, Worcester, WR6 5LB

**Max Dean**

Appointed 04/06/2019

Orchard House, 10 Lark Hill Road, Worcester, WR5 2EF

**Rachel Betteridge**

Appointed 14/07/2020

44 Barbourne Works, Worcester, WR3 7AT

**Richard Kenyon**

Appointed 21/03/2017

11 Kestral Crescent, Droitwich, WR9 7HH

**Ashanti Brazier-Olatunde**

Appointed 20/10/2020

7 Oak Avenue, Worcester, WR4 9UG

**Alison Rankin Frost**

Appointed 02/02/21

13 Bedford Row, London, WC1R 4BU

**REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31ST OCTOBER 2022**

The trustees present their report with the financial statements of the charity for the year ended 31<sup>st</sup> October 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity Number**

1160646

**Principal address**

The Lodge  
Dingle Road  
Leigh  
Worcestershire  
WR6 5JX

**Trustees**

Chair	Laura Gill
Treasurer	Stephen Gipson
Other Trustees	Alison Frost
	Rachel Betteridge
	Max Dean
	Richard Kenyon
	Ashanti Brazier-Olatunde

**Independent examiner**

Ken Strange FCCA  
10 Ravenscroft Drive  
Droitwich  
Worcestershire  
WR9 7AP



# The Monday Night Club

Registered Charity no: 1160646

## Annual Report

1 November 2021 - 31 October 2022

## Chair's Report

### Structure, Governance and Management

The Monday Night Club is constituted as a Charitable Incorporated Organisation and is governed by constitution. The CIO is a registered charity with The Charity Commission of England and Wales.

The Trustees on 31<sup>st</sup> October 2022 were:

Ms Laura Gill, Chair  
Mr Stephen Gipson, Treasurer  
Mr Max Dean  
Ms Rachel Betteridge  
Mr Richard Kenyon  
Mr Ashanti Brazier Olatunde  
Alison Rankin Frost

### Charitable Objectives

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of recreational and leisure activities and support to live a more independent life.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of being a member of a socially and economically deprived community but specifically for young people and adults with learning disabilities and autistic spectrum disorders in Worcestershire.

### Our Mission

To provide social and recreational activities for people with learning disabilities and autistic people, aiming to improve their health and well-being, and support them to lead more independent lives.

## **Our Vision**

To live in a society where people with learning disabilities and autistic people are treated equally, given respect, recognised for their achievements and welcomed everywhere in the community.

## **We Believe**

Staying connected, keeping active, finding friendship, being creative and being recognised are all part of a happy and healthy life. We strive to prevent our members from being isolated and enable them to keep in touch with their friends.

## **Core Values**

Our core values are Respect, Dignity, Health, Happiness, Inclusion and Recognition.

These values are embedded in the four themes we build on to achieve our objectives and our Vision.

1. We respect all our members, staff and volunteers as individuals. We respect their choices, beliefs and values and uphold their Human Rights.
2. We strive to improve the health and happiness of our members, staff and volunteers in everything we do. Our activities are designed to improve physical and mental health and promote healthy lifestyles.
3. We listen to and inform our members. We listen to what they want and involve them in future planning. We communicate with them in ways they understand, adhering to the Accessible Information Standard, and provide any communication support they need.
4. We recognise and reward achievement. We promote the charity in the public domain and highlight the successes and achievements of our members and volunteers. We reward individual and group success.

## **Policies and Procedures**

Copies of all MNC Policies and Procedures are published on our website. The adoption and annual review of policies is an on-going duty of the Board.

Our bank account is with the Charities Aid Foundation Bank and its operation is governed by our Financial Policies and Procedures.

The Board keeps a Risk Register, reviewed and updated at every Board meeting. Risk assessments are carried out for all activities in accordance with our Employers Liability Insurance. We have separate insurances to cover disco equipment, the mobile disco, and the FA-affiliated football club.

## **Presentation of the Annual Accounts**

This year we have changed the format of our annual accounts to better reflect the activities and projects of the charity. A full breakdown of these activities can be found on Page 11 of the accounts. We have extended our activities and created a new part-time staff position, Administrative Assistant, to closely monitor expenditure and income. Our bespoke financial monitoring system allows us to make management decisions in advance and budget effectively.

## **2021-22 The Year in Review**

I am delighted to present the annual report for our small charity, The Monday Night Club, which has been dedicated to providing social opportunities for adults with learning disabilities and autistic people for over 10 years. It brings me great joy to share the remarkable progress we have made over the past year, as our activities and projects have expanded, funding has been secured, and we have reached an increasing number of individuals.

First and foremost, I would like to express my gratitude to our dedicated team of volunteers, whose unwavering commitment has been instrumental in our success. Through their tireless efforts, we have been able to organize an array of engaging and inclusive activities that have enriched the lives of our beneficiaries. From gaining new qualifications and skill-building sessions to recreational outings and social gatherings, our diverse range of initiatives has fostered a sense of belonging and empowerment among our members. Our volunteering programme has been funded for another year by the #iwill Youth Social Action Fund.

I am thrilled to report that our charity has experienced significant growth in the past year, both in terms of impact and reach. We have successfully secured additional funding through various grants and partnerships, enabling us to expand our services and develop new projects tailored to the specific needs and interests of those we serve. At the end of this financial year we secured, in partnership with a local drama and technology company C&T, three years of funding from The National Lottery Community Fund. We have also just received a grant from the Co-op Local Community Fund that will support MNC Saturday Kitchen for another year and, from the Commonwealth Games Small Grants, support to continue with our Wednesday Sports Club until April 23. This increased financial support has allowed us to enhance the quality and accessibility of our programmes, ensuring that individuals with learning disabilities and autism have access to vital opportunities for personal growth and social interaction.

## **Community Connections**

I am proud to share that our efforts to raise awareness and expand our network have yielded remarkable results. By actively engaging with local schools, community centres, and other organisations, we have broadened our reach and touched the lives of an ever-growing number of individuals. Our collaborative approach has fostered meaningful connections and forged partnerships that have further strengthened our ability to create positive change in the lives of those we support.

We have actively sought collaboration with Age UK, Worcester Royal Porcelain Works, The Bransford Trust, The Museum of Royal Worcester, Christopher Whitehead Language College, Worcester Community Trust, Speakeasy N.O.W., Disability Sport Worcestershire, Worcestershire FA, LTA England, NHS Integrated Care Board for Herefordshire and Worcestershire, Red Cross Training, Vamos Theatre, Worcester Theatres, Worcester Festivals, Dancefest and Worcester Cathedral. Our volunteers and CEO received High Sheriff of Worcestershire Volunteer Awards for their work with our charity.

## **Moving Forward**

As we reflect on the accomplishments of the past year, we also acknowledge the challenges we have faced. The COVID-19 pandemic presented unforeseen obstacles, requiring us to adapt our activities to comply with health and safety guidelines. Despite these adversities, our members' resilience and determination prevailed, and we successfully navigated two difficult years. I believe that we emerged as a stronger, more active, and more focused organisation.

Looking ahead, we are filled with optimism and determination to build upon the foundation we have established. With the continued support of our community and the dedication of our volunteers, we are confident in our ability to make an even greater impact in the coming year. Together, we will continue to provide a safe, inclusive, and nurturing environment for adults with learning disabilities and autism, empowering them to thrive and achieve their full potential.

We will continue to uphold our core values of Respect, Dignity, Health, Happiness, Inclusion and Recognition. This coming year, 2022-23 our theme will be 'Happy Confident Me', continuing to promote healthy lifestyles and concentrating on good mental health and resilience.

It is through the collective efforts of our CEO, Trustees, staff, volunteers, members, their families and support staff, and all our supporters that we can create a more inclusive society and transform lives.

## **Income and Expenditure**

Our funds are generated by grants, donations and entrance fees. Our total income for the year was £25,256.

We received grants from The National Lottery Awards for All and the Co-op Community Fund. We also received two generous donations from private donors. This year we made £8,708 from our activities – twice as much as last year.

Expenses incurred include staff and office costs, venue hire, sessional staff and football club costs. Our total expenditure for the year was £47,803.

The net income at the end of the year was -£22,547. This is because we continued to make use of funds unspent in 2021 because of the pandemic, and funds allocated to 2021-22, but received before the previous year end. We have £28,933 in total funds at the end of the financial year.



## Outcomes

Our theme for this year was 'Health & Happiness' and we hoped to raise awareness of healthy lifestyles among our members.

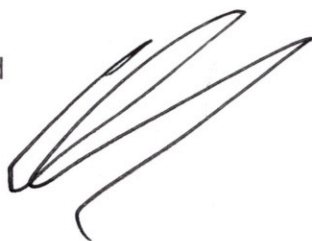
Our members include people with mild learning disabilities, older autistic people and individuals with behaviour that can challenge. They are not supported by the social care adult services and are learning to live independently on very low incomes, some with no support at all. We try to make them feel a valued part of our community and they are often chosen as volunteers. We have found that, once given responsibility, these young people are very dedicated and loyal volunteers. They have a sense of ownership of our club and our motto, Run By Us, For Us.

At the end of October 2022 we have 160 active members, 25 registered in our football club, 23 volunteers, and 9 hours of activities each week, attended regularly by 80 people with learning disabilities and / or autism. This results in approximately 140 contact hours per week.

Strong bonds of friendship have formed amongst the members and are continued outside the club. This is particularly important to learning disabled and autistic people who find it difficult to make, and keep, friends and often feel socially excluded and isolated. Their parents, carers and families also benefit by mutual support and shared experiences.

The football club continues to improve the health and well-being outcomes for our members, and MNC Saturday Kitchen and our new Wednesday Sports Club continue to support our theme of Health & Happiness.

Signed



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Laura Gill

Chair, The Monday Night Club Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE MONDAY NIGHT CLUB**

I report on the accounts for the year ended 31<sup>st</sup> October 2022 set out on pages six to ten.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to ensure a proper understanding of the accounts to be reached.

Ken Strange FCCA  
Ken Strange Chartered Certified Accountant  
10 Ravenscroft Drive  
Droitwich  
Worcestershire  
WR9 7AP

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST OCTOBER 2022**

	Notes	Unrestricted Fund £	Restricted Fund £	2022 Total Funds £	2021 Total Funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Income from activities		8,708	-	8,708	3,953
Grants and donations		4,301	10,241	14,542	23,927
Activities for generating funds	(2)	1,951	-	1,951	154
Investment income	(3)	<u>55</u>	<u>-</u>	<u>55</u>	<u>4</u>
<b>Total incoming resources</b>		15,015	10,241	25,256	28,038
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Activity costs	(4)	15,397	9,910	25,307	14,760
<b>Charitable activities</b>					
Wages		18,368	-	18,368	15,259
Marketing		690	-	690	2,547
Supports costs		2,327	-	2,327	2,156
Training		<u>1,111</u>	<u>-</u>	<u>1,111</u>	<u>167</u>
<b>Total resources expended</b>		<u>22,496</u>	<u>-</u>	<u>22,496</u>	<u>20,129</u>
<b>NET OUTGOING RESOURCES BEFORE TRANSFERS</b>					
		(22,878)	331	(22,547)	(6,851)
<b>Gross transfers between funds</b>	(5)	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net incoming/(outgoing) resources</b>		<u>(22,878)</u>	<u>331</u>	<u>(22,547)</u>	<u>(6,851)</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>47,095</u>	<u>4,385</u>	<u>51,480</u>	<u>58,331</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>24,217</u>	<u>4,716</u>	<u>28,933</u>	<u>51,480</u>

The notes form part of these financial statements

BALANCE SHEET AS AT 31ST OCTOBER 2022

	Notes	Unrestricted fund	Restricted fund	2022 Total funds	2021 Total funds
		£	£	£	£
<b>CURRENT ASSETS</b>					
Cash at bank and in hand	(6)	<u>24,562</u>	<u>4,716</u>	<u>29,278</u>	<u>51,652</u>
		24,562	4,716	29,278	51,652
<b>CURRENT LIABILITIES</b>					
Creditors Account		<u>(345)</u>	<u>-</u>	<u>(345)</u>	<u>(172)</u>
<b>NET CURRENT ASSETS</b>		<u>24,217</u>	<u>4,716</u>	<u>28,933</u>	<u>51,480</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>24,217</u>	<u>4,716</u>	<u>28,933</u>	<u>51,480</u>
<b>NET ASSETS</b>		<u>24,217</u>	<u>4,716</u>	<u>28,933</u>	<u>51,480</u>
<b>FUNDS</b>					
	(7)				
Unrestricted funds				24,217	47,095
Restricted funds				<u>4,716</u>	<u>4,385</u>
<b>TOTAL FUNDS</b>				<u>28,933</u>	<u>51,480</u>

The financial statements were approved by the Board of Trustees on  
were signed on its behalf by:

18/7/2023

and



Mr. S. Gipson - Treasurer

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST OCTOBER 2022**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 the Financial Reporting Standard applicable to Micro-entities; Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2005) and with Charities Act 2011.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. ACTIVITIES FOR GENERATING FUNDS**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fundraising events	1,951	154
	=====	=====

**3. INVESTMENT INCOME**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Bank interest	55	4
	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31ST OCTOBER 2022**

**4. ACTIVITY COSTS**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Monday Night	8,152	4,311
Football Club	5,487	3,629
Art Class	1,756	2,374
Talent Show	849	869
Day Trips	3,605	1,299
Happy Confident Me	75	422
Wednesday Sports Club	1,912	-
Christmas Tree Festival	90	104
Saturday Kitchen	<u>3,381</u>	<u>1,752</u>
	£ <u>25,307</u>	£ <u>14,760</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31<sup>st</sup> October 2022 nor for the year ended 31<sup>st</sup> October 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31<sup>st</sup> October 2022 nor for the year ended 31<sup>st</sup> October 2021.

**6. CASH AT BANK AND IN HAND**

	<b>Restricted Fund</b>	<b>General fund</b>	<b>2022 Total funds</b>	<b>2021 Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Cash in hand	-	-	-	96
Bank Account	<u>4,716</u>	<u>24,562</u>	<u>29,278</u>	<u>47,151</u>
Total	<u>4,716</u>	<u>24,562</u>	<u>29,278</u>	<u>51,652</u>
	=====	=====	=====	=====

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST OCTOBER 2022**

**7. MOVEMENT IN FUNDS**

	At 1.11.21 £	Net movement in funds £	Transfers between funds £	At 31.10.22 £
<b>Unrestricted funds</b>				
General fund	47,341	(22,878)	-	24,217
<b>Restricted funds</b>				
Restricted fund	<u>4,385</u>	<u>331</u>	<u>-</u>	<u>4,716</u>
<b>TOTAL FUNDS</b>	<u>51,480</u>	<u>(22,547)</u>	<u>-</u>	<u>28,933</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	15,015	(37,893)	(22,878)
<b>Restricted funds</b>			
Restricted fund	<u>10,241</u>	<u>(9,910)</u>	<u>331</u>
<b>TOTAL FUNDS</b>	<u>25,256</u>	<u>(47,803)</u>	<u>(22,547)</u>