REPORT TO THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST OCTOBER 2020 FOR

THE MONDAY NIGHT CLUB

THE MONDAY NIGHT CLUB

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THE MONDAY NIGHT CLUB TRUSTEES

31st October 2020

Chair: Laura Gill

Chair and Trustee

100 Sentinal Close, WORCESTER, WR2 5FD

Richard Kenyon

Treasurer

Appointed 21/03/2017

11 Kestral Crescent, Droitwich, WR9 7HH

Hannah Phillips

Appointed 04/06/2019

Hill View House, Sinton Green, Hallow, Worcester, WR2 6NW

Max Dean

Appointed 04/06/2019

Orchard House, 10 Lark Hill Road, Worcester, WR5 2EF

Rachel Betteridge

Appointed 14/07/2020

103 Newtown Road, Worcester, WR5 1HH

Stephen Gipson

Appointed 20/10/2020

The Engine House, 2 Leigh Court Barns, Leigh, Worcester, WR6 5LB

Ashanti Brazier-Olatunde

Appointed 20/10/2020

7 Oak Avenue, Worcester, WR4 9UG

Retired Trustee

Helen Gill BSc

Retired 01/05/2020

The Lodge, Dingle Road, Leigh, Worcester, WR6 5JX

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THE MONDAY NIGHT CLUB

REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31ST OCTOBER 2020

The trustees present their report with the financial statements of the charity for the year ended 31st October 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number

1160646

Principal address

The Lodge Dingle Road Leigh Worcestershire WR6 5JX

Trustees

Chair Laura Gill
Treasurer Richard Kenyon

Other Trustees Helen Gill (resigned 01.05.20)

Rachel Betteridge (appointed 14.07.20) Stephen Gipson (appointed 20.10.20)

Max Dean (appointed 4.6.19)

Hannah Phillips

Ashanti Brazier-Olatunde (appointed 20.10.20)

Independent examiner

Ken Strange FCCA 10 Ravenscroft Drive Droitwich Worcestershire WR9 7AP



The Monday Night Club

Registered Charity no: 1160646

Annual Report

1 November 2019 - 31 October 2020

Chair's Report

Structure, Governance and Management

The Monday Night Club is constituted as a Charitable Incorporated Organisation and is governed by constitution. The CIO is a registered charity with The Charity Commission of England and Wales.

The Trustees on 31st October 2020 were:

Miss Laura Gill, Chair
Mr Richard Kenyon, Treasurer
Ms Hannah Phillips
Mr Max Dean
Ms Rachel Betteridge, appointed 14th July 2020
Mr Stephen Gipson, appointed 20th October 2020
Mr Ashanti Brazier Olatunde, appointed 20th October 2020

Helen Gill resigned as a Trustee and Treasurer on 5th May 2020 to take up the position of Chief Executive Officer.

Charitable Objectives

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of recreational and leisure activities and support to live a more independent life.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of being a member of a socially and economically deprived community but specifically for young people and adults with learning disabilities and autistic spectrum disorders in Worcestershire.

Our Vision

To live in a society where people with learning disabilities and / or autism are treated equally, given respect, recognised for their achievements and welcomed everywhere in the community.

Our Mission

To provide social and recreational activities for people with learning disabilities and / or autism, aiming to improve their health and well-being, and support them to lead more independent lives.

Core Values

Our core values are Respect, Dignity, Health, Happiness, Inclusion and Recognition. These values are embedded in the four themes we build on to achieve our objectives and our Vision.

- 1. We respect all our members, staff and volunteers as individuals. We respect their choices, beliefs and values and uphold their Human Rights.
- 2. We strive to improve the health and happiness of our members, staff and volunteers in everything we do. Our activities are designed to improve physical and mental health and promote healthy lifestyles.

- 3. We listen to and inform our members. We listen to what they want and involve them in future planning. We communicate with them in ways they understand, adhering to the Accessible Information Standard, and provide any communication support they need.
- 4. We recognise and reward achievement. We promote the charity in the public domain and highlight the successes and achievements of our members and volunteers. We reward individual and group success.

Policies and Procedures

Copies of all MNC Policies and Procedures can be downloaded from our website. The adoption and review of policies is an on-going duty of the Board.

Our bank account is with the Charities Aid Foundation Bank and its operation is governed by our Financial Policies and Procedures.

Risk assessments are carried out for all activities in accordance with our Employers Liability Insurance. We have separate insurances to cover disco equipment, the mobile disco and the football club.

2019-20

The Year in Review

The first four months of this financial year, November 2019 – February 2020, were busy and active with many social occasions and events. Our new venue, Worcester Arts Workshop, enabled us to add new activities to our programme of events. Attendance was steadily growing, and appreciation was consistently strong. We enjoyed live entertainment, discos, dance fitness, karaoke nights, a drumming workshop, movie nights, our Christmas Party and Valentine's Day party. Our annual award ceremony, the Teddy Awards, took place with more nominees and awards given than ever before. We arranged a trip to the Pantomime at the Swan Theatre for all our members in January.

We joined community activities with Vamos Central drama group, Worcester Cathedral Christmas Tree Festival and the first Worcester Light Night Festival. We had pottery workshops at Worcester Arts Workshop and our tree for the Christmas Tree Festival was hung with ceramic decorations, made by us.

March 2020

The Coronavirus pandemic and its impact on the club

As February turned to March, the realisation that we were at the beginning of what could be a serious pandemic was beginning to take hold. We knew that we could no longer continue to meet and keep everyone safe. We held our last disco on March 16th and lockdown started on March 23rd.

We were very aware that our members would be seriously affected by the lack of social contact and that we could not just abandon them. We had to change our plans and respond quickly to the changing circumstances without losing sight of our mission to prevent isolation and loneliness. Almost immediately our Chair took to social media and hosted live sessions every evening to keep our members and volunteers in touch and informed in an accessible way. The live sessions included news and information, art and craft projects, video tutorials, cooking demonstrations, well-being and fitness advice, competitions and quizzes, football challenge videos and friendly chat.

From mid-March to June, we hosted 107 hours of live social media, with 23,500 minutes of MNC TV viewed. We had over 12,000 social media post engagements, posting 60–75 posts each month to 450 followers.

We also connected two members to the internet (lending mobile Wi-Fi devices and iPads) sent prizes, activity ideas and useful gifts to members, made daily phone calls and video calls, gave counselling for anxiety and mental health support, and raised funds.

Our income from activities had ceased, but so had many of our outgoings, for example venue hire and paying sessional staff. We were in a stable financial position.

New Directions and Wider Horizons

When lockdown finished in the summer, and holding a weekly disco again was impossible with social distancing, we had to think of other ways to support our members and relieve their loneliness and isolation. During July, August and September we walked together on Monday evenings, holding photography competitions and art projects, with conversation and fun. From October we walked on Saturday mornings. Altogether we have had 20 MNC walks and 196 walks have been taken by MNC members and volunteers.

In August we began small group drumming sessions with Drumlove. Nine 2-hour drumming sessions have now taken place with 100 participants. In October we spent an enjoyable evening tenpin bowling and had a meal out together for Halloween.

We started online groups and activities, including the MNC Art Club, and a #HappyConfidentMe group. These will be continued over the winter months. In September we were awarded a Covid response grant from The National Lottery Community Fund to fund six months of small group activities — a project called 'Circles of Support'.

During this time, we learned that Worcester Arts Workshop was going to close permanently.

Our Football Club

The training of the team is supported by Worcestershire FA and Disability Sport Worcester. We belong to the Three Counties Ability Counts League, a disability football league, and our two teams played in tournaments in Hereford, Telford and Worcester in the winter of 2019-20. Once again, we achieved FA Charter Standard Adult Club status for this season.

When lockdown began in March all football activities had to stop.

We started training again on 25th June, following FA Covid-safety guidelines. We trained in small groups of five, each with a coach. Sessions took place outdoors in a park as the sports centres were still closed. Everyone had a health check and stayed at least 2m apart from each other. We were able to return to St Johns Sports Centre in September and train in larger groups.

One of our women players is taking part in the FA Lionesses course to be trained as a FA Level 1 coach and referee, but this has been paused. She hopes to continue the course online.

Community Connections

We have actively sought collaboration with Worcester Arts Workshop, Worcester Snoezelen, Speakeasy NOW, Disability Sport Worcester, Worcestershire FA, Malvern Cube, Vamos Theatre, The Swan Theatre and Worcester Live, Wildgoose Rural Training, Worcester Festivals and Worcester Cathedral. Members took part in campaigns — 'The Wednesday Wave' waving to care home residents and an awareness-raising campaign about Hate Crime on social media.

Income and Expenditure

Our funds are generated by grants, donations and entrance fees. Our total income for the year was £49.340.

We benefitted from a restricted grant from the #iwill Fund of £5,000 to develop younger volunteers. We also received a donation from the Co-op Communities Fund for the Football Club of £6,700 and a grant from the Baily Thomas Fund towards running costs of £2,000.

We received a further development grant from a private individual of £20,000 plus Gift Aid. This will help to fund the employment of a CEO (part-time) for three years and we employed a CEO from May 2020.

The greatest proportion of our funds was spent on our activities, sessional staff, entertainment, football training costs and venue hire. For the first time this year we now have staff costs. There were small costs for volunteers' expenses, accountancy and office expenses. Our total expenditure for the year was £20,791.

The net income at the end of the year was £28,549.

We have £57,051 in total funds at the end of the financial year.

Outcomes

This year we have focussed on training, mentoring and developing younger volunteers in our project 'Step Up', funded by the #iwill Fund.

Our members include young care leavers, who may have mild learning disabilities and behavioural challenges. They are not supported by the social care adult services and are learning to live independently, on very low incomes, some with no support at all. We try to make them feel a valued part of our community and they are often chosen as volunteers.

The coronavirus pandemic has enabled us to spend more time with each volunteer individually. They will be a very valuable resource when the club gets back to normal activities. We have found that, once given responsibility, these young people are very dedicated and loyal volunteers. They have a sense of ownership of our club and our motto, Run By Us, For Us.

Strong bonds of friendship have formed amongst the members and are continued outside the club. This is particularly important to learning disabled and autistic people who find it difficult to make, and keep, friends and often feel socially excluded and isolated. Their parents, carers and families also benefit by mutual support and shared experiences during the pandemic.

However, it was difficult to keep in touch with some members and their families during the period of lockdown – we are not in regular touch with about one quarter of our members. They may find technology challenging, have no reliable internet connections or devices, or have limited verbal communication. We will be striving to reconnect with them as soon as it is possible to be physically together.

The football club continues to improve the health and well-being outcomes for our members, when we were able to play. However significant changes to their mental health have been observed when training was not possible.

Looking Forward

The Monday Night Club will continue to arrange social and sporting opportunities and events for adults with learning disabilities and autism in Worcestershire. We will continue to uphold our values of Respect, Dignity, Health, Happiness, Inclusion and Recognition.

In 2021 we will celebrate our 10th birthday and we plan to expand the opportunities we offer to include Saturday Kitchen, a weekly healthy living café, a multi-sports club, an art and craft club and weekend away trips for small groups. We have found a new venue for discos and parties and a venue for music workshops. And we cannot wait to put on our annual 10th anniversary Talent Show, at the Swan Theatre, sadly postponed this year.

We want to continue to grow, to offer more activities, forge more links with the wider community and to be a positive and supportive influence on as many people with learning disabilities and / or autism as possible in the coming year.

Signed

Laura Gill

Chair, The Monday Night Club Trustees January 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE MONDAY NIGHT CLUB

I report on the accounts for the year ended 31st October 2020 set out on pages six to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to ensure a proper understanding of the accounts to be reached.

Ken Strange FCCA
Ken Strange Chartered Certified Accountant
10 Ravenscroft Drive
Droitwich
Worcestershire
WR9 7AP

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST OCTOBER 2020

	Notes	Unrestricted Fund	Restricted Fund	2020 Total Funds	2019 Total Funds
		£	£	£	£
INCOMING RESOURCES					
Incoming resources from generatunds	ated				
Voluntary income Activities for generating funds Investment income	(2) (3)	28,044 2,331 23	18,942 - 	46,986 2,331 <u>23</u>	39,199 3,801 ——.
Total incoming resources		30,398	18,942	49,340	43,000
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading: cost of goods sold and other costs	S	3,471	-	3,471	3,997
Charitable activities					
Wages Venue Hire Marketing Outings Supports costs Training Football club		4,970 - 1,226 - 1,964 908	1,280 1,132 - 563 1,225 - 4,052	6,250 1,132 1,226 563 3,189 908 4,052	2,370 - 3,496 1,373 454 5,942
Total resources expended		9,068	8,252	<u>17,320</u>	<u>13,635</u>
NET OUTGOING RESOURCE BEFORE TRANSFERS Gross transfers between funds	ES (6)	17,859	10,690	28,549	25,368
Net incoming/(outgoing) resource	ces	<u>17,859</u>	<u>10,690</u>	<u>28,549</u>	<u>25,368</u>
RECONCILIATION OF FUND	os				
Total funds brought forward		<u>29,482</u>	300	<u>29,782</u>	4,414
TOTAL FUNDS CARRIED FORWARD		47,341 =====	10,990	58,331 =====	29,782 ====

The notes form part of these financial statements

BALANCE SHEET AS AT 31ST OCTOBER 2020

				2020	2019
	Notes	Unrestricted fund	Restricted fund	Total funds	Total funds
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand	(5)	46,061	10,990	57,051	30,082
Prepayment		_1,280	-	_1,280	-
		47,341	10,990	58,331	30,082
CURRENT LIABILITIES					
Creditors Account		_()		_(-)	_(300)
NET CURRENT ASSETS		47,341	10,990	58,331	29,782
TOTAL ACCETO A FOC					
TOTAL ASSETS LESS CURRENT LIABILITIES		47,341	10,990	58,331	29,782
CURRENT LIABILITIES		47,341	10,550	56,551	27,102
NET ASSETS		47,341	10,990	58,331	29,782
				-	
FUNDS	(6)				
Unrestricted funds	(-)			47,341	29,482
Restricted funds				10,990	300
				58,331	29,782
TOTAL FUNDS				=====	

The financial statements were approved by the Board of Trustees on... 2nd February 2021 and were signed on its behalf by:

Mr. R. Kenyon - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST OCTOBER 2020

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 the Financial Reporting Standard applicable to Micro-entities; Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2005) and with Charities Act 2011.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund in included in the notes to the financial statements.

2. ACTIVITIES FOR GENERATING FUNDS

		2020 £	2019 £
	Fundraising events	2,331	3,801
2	INIVESTMENT INCOME	====	====
3.	INVESTMENT INCOME	2020 £	2019 £
	Bank interest	23	-
		====	====

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST OCTOBER 2020

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st October 2020 nor for the year ended 31st October 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st October 2020 nor for the year ended 31st October 2019.

5. CASH AT BANK AND IN HAND

	Restricted Fund £	General fund £	2020 Total funds £	2019 Total funds £
Cash in hand	_	80	80	26
Bank Account	10,990	<u>45,981</u>	56,971	30,056
Total	10,990	46,061	57,051	30,082
	=====	=====	=====	=====

6. MOVEMENT IN FUNDS

	At 1.11.19	Net movement in funds £	Transfers between funds	At 31.10.20
Unrestricted funds	-	-	-	-
General fund	29,482	17,859	-	47,341
Restricted funds				
Restricted fund	300	10,690		<u>10,990</u>
TOTAL FUNDS	29,782	28,549	-	58,331
		=====	====	

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds
Unrestricted funds General fund	30,398	12,539	17,859
Restricted funds Restricted fund	<u>18,942</u>	8,252	<u>10,690</u>
TOTAL FUNDS	49,340	20,791	28,549

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST OCTOBER 2020

	2020 £	2019 £
INCOMING RESOURCES		
Voluntary income		
Gift Aid	5,150	5,069
Donations	22,894	25,420
Grants	<u>18,942</u>	8,710
Activities for generating funds	46,986	39,199
Fundraising events	2,331	3,801
Investment income		
Bank interest	23	
Total incoming resources	49,340	43,000
RESOURCES EXPENDED		
Fundraising trading: cost of goods sold and other costs		
Fundraising expenses	3,471	3,997
Charitable activities		
Wages	6,250	-
Venue Hire	1,132	2,370
Marketing	1,226	-
Football	4,052	5,942
Printing, stationery and IT	-	673
Outings and events	563	3,496 454
Training costs Accountancy	908 300	300
Sundry Expenses	785	400
Equipment	<u>2,104</u>	-
Equipment	17,320	13,635
Total resources expended	20,791	17,632
Net income/deficit	28,549	25,368
	=====	=====